

# April - July 2026

## What's on at Sandy Children's Centre

To book or for more information please call us 0300 300 8114 or text 07585 888903

email [sandy.childrenscentre@centralbedfordshire.gov.uk](mailto:sandy.childrenscentre@centralbedfordshire.gov.uk)

or Facebook message [@Sandy and Biggleswade Locality Children's Centre](https://www.facebook.com/SandyandBiggleswadeLocalityChildrensCentre)



*Donations towards resources and refreshments gratefully received. Donations box available at each session.  
Parents / Carers must attend all our sessions with their children.*

**Please note - There is no parking on the road outside Sandy Children's Centre.**

**Please park on the public part of Laburnum Road or Robert Hunt Gardens. Thank you.**

### MONDAY

Session	Time	Date	Location	For information and booking	Information
<b>Sandy Childminders Group</b>	10.00-11.30	2 <sup>nd</sup> & 4 <sup>th</sup> Monday of each month	Sandy Children's Centre SG19 1HQ	<a href="mailto:daisyoatham@hotmail.co.uk">daisyoatham@hotmail.co.uk</a> DROP IN SESSION including school holidays	For Childminders and children in their care from Sandy and surrounding villages.

### TUESDAY

Session	Time	Date	Location	For information and booking	Information
<b>Self-Weigh</b>	09.30-12.30	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesday of each month	Sandy Children's Centre SG19 1HQ	DROP IN SESSION <a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a>	No appointment necessary. A member of staff will be available should you have any concerns.
<b>Bumps 2 Babes</b>	09.30-11.00	Weekly from 14.04.26 (term time only)	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> DROP IN SESSION term time only	A Stay and Play session for parents to be and parents/carers of children 0-12 months. Make friends and share tips. Self Weigh will be available for those attending the group.

<b>Breastfeeding Support and Social Group</b>	11.00-12.30	Weekly	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> DROP IN SESSION	Breastfeeding drop in. Social and support group for parents and parents to be. Self Weigh will be available for those attending the group.
<b>SEND Stay &amp; Play in your Own Way</b>	13.30-15.00	28.04.26 23.06.26 28.07.26	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> DROP IN SESSION	A SEND Stay and Play session for children under 5 with their parents/carers. Parents welcome to attend without children for support and advice from our Early Years SEND team.
<b>Half Term Outdoor Play Session for children with SEND</b>	13.30-15.00	26.05.26	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED Session will be held at the Sandy Children's Centre and the Laburnum Primary School Forest School area.	Outdoor play session for children with SEND and siblings up to 12 years. Please wear appropriate outdoor clothing.
<b>Top Up Shop</b>	11.00-12.30	Weekly	Sandy Baptist Church SG19 1EL	DROP IN SESSION Run by the Need Project.	Fresh fruit, vegetables and bread when available for those experiencing hardship. To request a food parcel please contact the Children's Centre for referral.
<b>Chattertots</b>	09.30-10.45  13.00-14.30  13.00-14.30	Week 1 05.05.26 ONLINE  Week 2 12.05.26 FACE TO FACE  Week 3 19.05.26 FACE TO FACE	ONLINE  Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED	A 3 week speech, language, and communication course for children 18 months to 3 years. Strategies to help support early language skills. Please note - week 1 is online and weeks 2 and 3 are face to face at the children's centre. All 3 sessions must be attended.
<b>WEDNESDAY</b>					
<b>Session</b>	<b>Time</b>	<b>Date</b>	<b>Location</b>	<b>For information and booking</b>	<b>Information</b>
<b>Easter Fun Session</b>	10.00-11.30	01.04.26	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED	Easter fun session for children aged 3-12 years. BOOKING REQUIRED. Donation of £1 per child to be made on the day to cover resources (CASH ONLY).

<b>Parent Puzzle</b>	13.00-15.00	22.04.26 (10 week course)	Potton Primary School Mill Lane Potton SG19 2PG	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED No session 27.05.26 (half term) or 03.06.26. Creche available.	10 week course for parents/carers of children 2-7 years. Tips and strategies for parenting in a positive way – giving praise, time to calm down, handling anger and stress. Adults only but creche is available.
<b>Baby Days</b>	10.00-11.30	10.06.26 (6 week course)	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED	6 Week course for new parents and babies 0-4 months, covering sleep, feeding, baby brain development, childhood illnesses and healthy relationships.
<b>Baby Massage</b>	13.30-14.30	10.06.26 (4 week course)	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED	Bond with your baby through baby massage. This course is for babies 6 weeks to 6 months. Non-refundable course fee of £25.00 to be paid when booking (cash only).

## THURSDAY

Session	Time	Date	Location	For information and booking	Information
<b>Introducing Solids Online session</b>	10.00-11.00	21.05.26 16.07.26	ONLINE	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED	Online advice and support around introducing solids to your 6 month old baby.
<b>Little Learners</b>	10.00-11.30	14.05.26 28.05.26 11.06.26 25.06.26 09.07.26	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> DROP IN SESSION	Play, have fun and get ready for pre-school/nursery. For children from 12 months.
<b>Bumps, Birth and Baby Stuff</b>	09.00-17.00	16.04.26 21.05.26 18.06.26 16.07.26	Sandy Children's Centre SG19 1HQ	<a href="https://www.eventbrite.com/o/cbc-childrens-centres-bump-birth-amp-baby-stuff-33937171841">https://www.eventbrite.com/o/cbc-childrens-centres-bump-birth-amp-baby-stuff-33937171841</a> BOOKING REQUIRED by clicking link above. Please book one place per person attending. Bring your lunch with you. Please do not park on the graveled private road.	Antenatal class for parents-to-be from 30 weeks pregnant. Come and find out about labour, feeding, caring for your baby and preparing for family life. Facilitated by Midwife, Children's Centre staff and Baby Friendly Team.
<b>T.O.A.S.T. Stay and Play session run by local parents</b>	09.30-11.00	23.04.26 21.05.26 02.07.26	Pavillion, Mill Lane, Potton, SG19 2PG	T.O.A.S.T. (Thursday's Opportunity for Activities, Stories and Toys) This is a weekly DROP IN group (term time only). Small fee charged of £2 per child and £1 per additional child. Cash only.	Children's Centre staff will attend TOAST 09.30-10.30am for self-weigh on dates listed only.

FRIDAY					
Session	Time	Date	Location	For information and booking	Information
<b>Introducing Solids Face to Face session</b>	10.00- 11.00	17.04.26 19.06.26	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED	Face to face advice and support around introducing solids to your 6 month old baby.
SATURDAY					
Session	Time	Date	Location	For information and booking	Information
<b>First Aid for Parents</b>	09.00- 11.30	18.04.26	Biggleswade Children's Centre SG18 0LL	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> BOOKING REQUIRED	A first aid course for new parents covering CPR, choking, burns, scalds and childhood illnesses. Non-refundable course fee of £20 per adult to be paid when booking (cash only). Adults only please due to space restrictions.
	09.00- 11.30	18.07.26	Laburnum Primary School SG19 1HQ		
<b>Dad's Club</b>	10.00- 11.30	09.05.26 06.06.26 04.07.26	Sandy Children's Centre SG19 1HQ	<a href="mailto:sandy.childrenscentre@centralbedfordshire.gov.uk">sandy.childrenscentre@centralbedfordshire.gov.uk</a> DROP IN SESSION Session will be held at the Sandy Children's Centre and the Laburnum Primary School Forest School area.	A fun and friendly outdoor session for dads, grandads, stepdads, male carers and children 0-12 years. Please wear suitable (old) outdoor clothing and footwear as you will get muddy! <b>Bacon rolls available for a £1 donation.</b>

To find out more

visit [www.centralbedfordshire.gov.uk/childrens-centres](http://www.centralbedfordshire.gov.uk/childrens-centres) or follow us on Facebook at <https://www.facebook.com/SandyBiggleswadeChildrensCentre>

## Useful Information

- **Worried about your child's talking, listening, Interaction or Stammering** - This service is for children pre-school age and younger who are **NOT** already known to us or haven't already been referred to the Speech and Language Therapy Service and who live within Central Bedfordshire. You can arrange a 15 minute consultation by contacting: <https://bedslutonchildrenshealth.nhs.uk/services/bedfordshire-and-luton-childrens-speech-and-language-therapy-service/early-advice-session/>
- **Rebuild** – Is a 12 week rolling programme. Supporting healthier relationships. Each week will have a slightly different focus and we will look at healthy and unhealthy relationships, conflict and how it can impact a relationship, signs to look out for within an abusive relationship and what we can do about them, where to get help and support and next steps. Contact: [paula.murphy@centralbedfordshire.gov.uk](mailto:paula.murphy@centralbedfordshire.gov.uk) or [alison.coats@centralbedfordshire.gov.uk](mailto:alison.coats@centralbedfordshire.gov.uk) for further information

- **Bedfordshire & Luton Children’s Community Health Hub for 0 -19 years – YOUR ONE STOP CONTACT POINT ....TEL 0300 555 0606 email [ccs.bedsandlutonchildrensheathhub@nhs.net](mailto:ccs.bedsandlutonchildrensheathhub@nhs.net) OPENS 9.00am-5.00pm Monday to Friday (excl bank hol) – Scan QR Code for more information**

<u>REGISTER WITH THE CHILDREN’S CENTRE</u>	<u>REQUEST FOR SERVICES APPLICATION</u>	<u>WE WOULD LOVE YOUR FEEDBACK ON OUR SERVICES</u>
		